

# The ADHD Research Institute of New Zealand



Become a foundation member of the ADHD Research Institute to drive the future of ADHD in New Zealand. Here's your chance to be involved, right from the start in addressing the lack of local ADHD research and data.

To commemorate this exciting new initiative we're looking for donors to contribute \$2023 to become a foundation member, in our inaugural year.

What do you get? A big THANK YOU and the satisfaction of knowing you are helping create a world enhanced by a thriving ADHD community. Plus you will get ongoing access to our research, and opportunities to learn.

For more information and to donate, visit [www.adhd.org.nz/institute](http://www.adhd.org.nz/institute)

## Interested in ADHD, but want to know more? So do we!

The ADHD Research Institute of New Zealand (ARINZ) was established in 2023 to address the lack of local ADHD research and data. It aims to become one of the world's leading independent ADHD research institutes – increasing knowledge and challenging dogma.

ARINZ is a collaboration between ADHD New Zealand and ground-breaking New Zealand academics and researchers. ARINZ will enable collaborative ADHD research on crucial issues while supporting and encouraging the next generation of leaders at undergraduate, post-graduate and professional level.

### Our initial research priorities are:

- Exploring the Māori and Pacific Island experiences of ADHD
- Building an understanding of how people with ADHD experience the health sector, using qualitative research and data
- Understanding how the education system can better support those with ADHD and their whanau, and identifying the barriers learners face
- Evaluating the social and economic cost of ADHD
- Identifying barriers for people with ADHD in the workplace and ways they can be better supported

